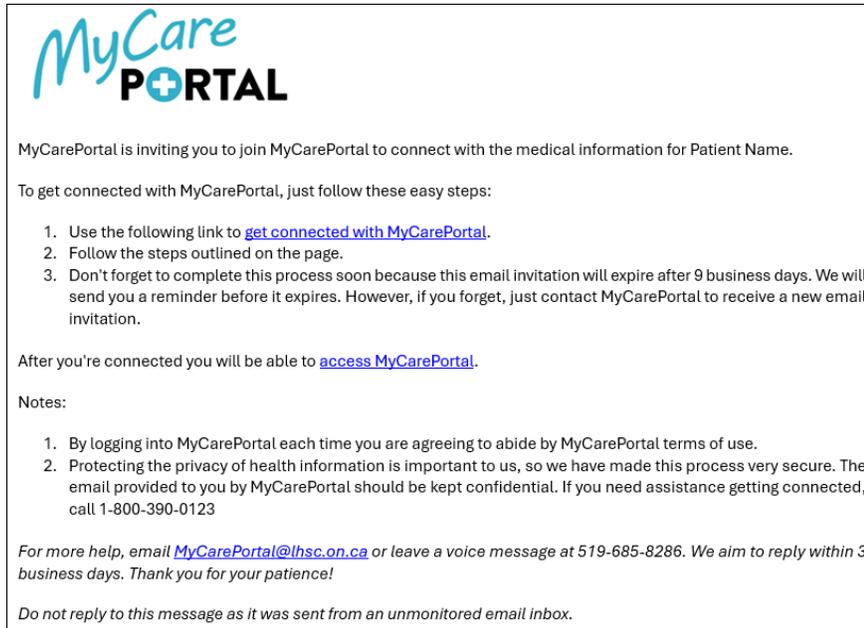


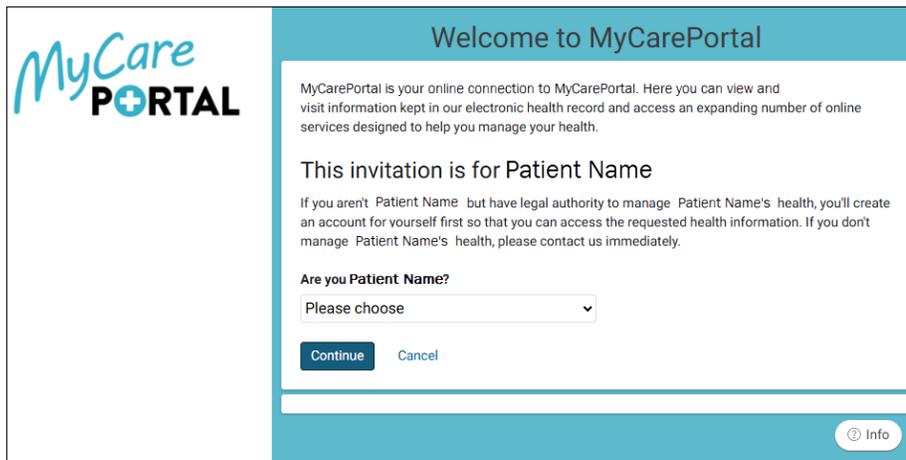
# Enroll in MyCarePortal

**Note:** Ask your clinic staff for details about access to MyCarePortal. If you have received an email invitation, proceed with the following steps.

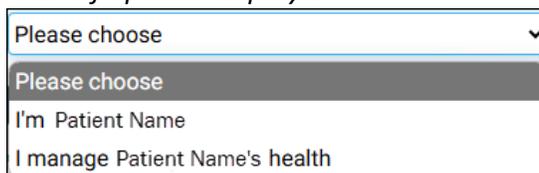
1. Open the email sent by **MyCarePortal <noreply@mail.patientportal.ca.healthintent.com>** with the subject **You are invited to join MyCarePortal.**



2. Click the blue **get connected with MyCarePortal** link in the email.  
*The **Welcome to MyCarePortal** page opens in a web browser.*



3. Click in the **Are you <Patient Name>?** field.  
*A list of options displays.*



4. Click the applicable option.
5. Click the **Continue** button.

# Enroll in MyCarePortal

The **Verify Your Identity With Us** page displays.

6. Document your date of birth in the **Month**, **Day**, and **Year** fields.
7. Click in the challenge question field and type the answer.

**Note:** When an invitation to MyCarePortal is requested, the challenge question and answer are chosen. If you require support, please email [MyCarePortal@lhsc.on.ca](mailto:MyCarePortal@lhsc.on.ca).

8. Click the **check box** (  ) beside **I agree to the MyCarePortal Terms of Use and Privacy Policy**.

A **checkmark** displays in the **check box**.

9. Click the **Next, Create Your Account** button.

The **MyCarePortal Sign Up** page displays.

10. Click in the **email** field and type your email address.

# Enroll in MyCarePortal

11. Click in the **password** field and type your password.

**Note:** A password must be at least 8 characters in length and contain at least 3 of the following: lower case letters (a-z), upper case letters (A-Z) numbers (i.e., 0-9), special characters (i.e., !@#\$%^&\*).

12. Click in the **First Name** field and type your first name.

13. Click in the **Last Name** field and type your last name.

14. Click the **check box** (  ) beside **I agree to the Terms Of Use and confirm that I am over 12 years of age.**

15. Click **SIGN UP >**.

*The **MyCarePortal Home** page displays.*

